

# 主場出擊 傲立擂台 泰拳慈善夜圓滿落幕

## Youths stood proudly in the ring with Muay Thai enthusiasts for a charity cause



敲鐘聲一響，方才還是熱血激昂的氣氛馬上歸於沉靜，全場觀眾屏息以待，為的是宣佈裁判拳賽結果的一刻——得知獲勝的選手振臂歡呼，接受對手的道賀，並互相答謝對方與自己進行了一場精采的賽事，而台下的掌聲亦分外熱切，因為觀眾都知道這不是一場普通的泰拳比賽，而是鼓勵青少年自強不息、重拾自我的慈善盛事。

With a sound of the bell, the exciting thrill was over and everyone turned quiet. The entire audience held their breath for the moment when the winner was announced – who, once informed of his victory, roared with his arms in the air, accepted his rival's congratulations, and thanked each other for having an awesome match. Meanwhile, there was a particular ardency in the spectators' applause, as they knew it wasn't just any ordinary Thai boxing competition, but a charity event to encourage teenagers to stretch their limits and rediscover themselves.

致力協助邊緣青年重返正軌的協青社聯同香港女律師協會，於九月四日在青少年中心「蒲吧」首次搭建正式擂台舉辦「泰拳慈善夜」，除了透過機構贊助及門票收入籌集善款，以支持協青社的青少年工作之外，更加提供一個平台讓幾位蒲吧泰拳班的年青學員初次上陣，與一眾熱愛泰拳運動的有心人切磋武藝，一起展示操練成果、大顯身手。

比賽當日場內氣氛高漲，台上拳來拳往、賣力拚搏，台下觀眾看得投入，不時傳來低聲驚呼、高聲叫喊的打氣

As an organization to support at-risk youth to get their life back on track, Youth Outreach (YO) was joined by The Hong Kong Federation of Women Lawyers (FIDA) to hold the charity Muay Thai competition "Elite Challengers" at the youth centre "The Hang Out", where an official boxing ring was set up unprecedentedly on 4th September. Besides being a fundraiser to support the youth programmes of YO, the event also provided a great platform to allow several youngsters from YO's Elite Boxing Class to participate in a match for the first time, competing with other Thai boxing enthusiasts and showcasing their hard work in training.

聲，甚至呼喚台上選手的名字，為其加油。當日共設有五場賽事，其中三位蒲吧學員上場比賽，更加在三場賽事中大獲全勝！同場亦設有示範環節，由蒲吧學員、義務教練以及其他泰拳愛好者即席表演泰拳招式。活動得到政商界、法律界以及各界專業人士鼎力支持，可謂「專業撐青年」。

大會特意請來以十八場連勝紀錄被譽為「神奇小子」的本港首位職業拳擊手曹星如擔任頒獎嘉賓，當年會考零分的曹星如自言曾經也感到前路茫茫，後來藉着拳擊終於找到人生方向，他更勉勵青少年堅持夢想，努力提升自己。事實上，協青社裏亦有很多年輕人透過泰拳經歷自我成長，例如有學員一向魯莽暴躁，甚至不時在街上大打出手，然而學習泰拳後，在導師的紀律訓練與武德薰陶下，耐性大為改進，做事也會多顧慮後果。蒲吧更會聘用青少年成為活動助理，提供就業機會之餘，更鼓勵他們運用自己的興趣幫助其他年輕人，重投正向人生，建立自信。導師還可以安排適合的學員考取專業認證，並參與助教工作，朝着成為專業教練的目標邁進。現時蒲吧逢星期五晚設有泰拳班，還不時提供花式滑板、街舞、攀石、游繩及樂隊演出等活動，供六至廿四歲的青少年免費參加。如欲瞭解更多，歡迎登上協青社網站 [www.YO.org.hk](http://www.YO.org.hk)。



特別嘉賓「神奇小子」曹星如及父親曹樹仁均是拳擊高手，曹樹仁更曾是七屆香港業餘拳擊冠軍及香港亞運代表。  
"Wonder Kid" Rex Tso and his father Tso Shu-Yan are both preeminent boxers, as Father Tso used to be a seven-time Hong Kong amateur boxing champion and the Hong Kong representative for Asian Olympics.



大會請來獨立樂隊Zpecial擔任表演嘉賓，令現場氣氛更加熾熱。  
Indie band Zpecial was invited as the guest performer to heat up the scene.



五場賽事的十位選手全力以赴爭取勝利，在觀眾面前大顯身手。  
The ten contestants gave their best shots in the five matches to showcase their skills in front of the audience.

The matches offered a thrilling spectacle, as the contestants in the ring gave their best shots most devotedly. Meanwhile the audience was also highly engaged in it, often filling the venue with gasps of amazement and loud cheers, as well as calling out the names of the boxers supportively. Three among the five matches of the night were fought by YO students individually, who all won in their fight. The event also featured demonstration sessions of Thai boxing techniques performed by YO students, volunteer coach and fellow enthusiasts in the sport. What's more, the event received wide support from not only professionals of various industries, but also some prominent figures in political, business and legal sectors.

One of the special guests was Rex Tso, aka "Wonder Kid", the first professional boxer in Hong Kong with an unbeaten record of 18 matches by now. Scoring zero in his HKCEE, he confessed that he once felt aimless as a teen too, but eventually figured out his purpose in life via the sport of boxing. He encouraged teenagers to hold on to their dreams resolutely and keep on improving themselves. In fact, many youngsters from YO have also experienced their personal growth via Thai boxing. For example, one student used to have a bad temper and often end up fighting in the street. However after learning Muay Thai, his patience has much improved because of the coaches' disciplinary training and respectful attitude of martial arts. Now he would consider the consequence first before making any impulsive action. In addition, some teenagers are hired as the programme assistants of "The Hang Out", where they can utilize their interests to help other youths as a job, building their self-esteem on a positive track of life; suitable students can also work as coaching assistants, or even take official exams for the certifications as a professional Thai boxing coach. Currently the Thai boxing classes are held at "The Hang Out" every Friday night, while an array of activities including skateboarding, street dance, rock climbing, abseiling and band shows are also regularly available for youngsters aged between 6 and 24 for free. For more details, please visit the website of YO at [www.YO.org.hk](http://www.YO.org.hk).